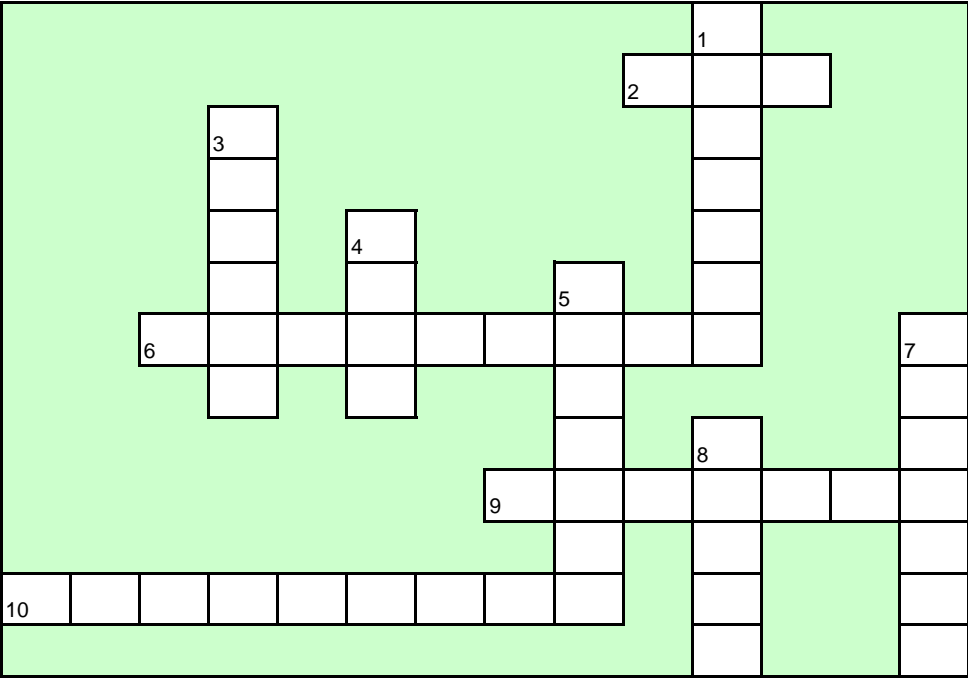




**SAFE CANNING PRACTICES
CROSS-WORD PUZZLE**



Across

- 2. Inspect all jars to assure there are no ___ nicks or cracks.
- 6. Always wash food before ___ the canning process.
- 9. Foods should be canned within 12 hours of ___.
- 10. Leave the recommended recipe ___ when filling canning jars.

Down

- 1. Remove jars of food from the canner with ___ tongs.
- 3. Store canned food from jars for no ___ than one year.
- 4. Use the boiling bath canning method for ___ foods such as fruits.
- 5. Choose foods for canning that are free of ___.
- 7. Follow instructions for ___ jars, lids, and screw bands.
- 8. Lift the lid away from your face to ___ steam burns.