

ENVIRONMENTAL HEALTH AND SAFETY



Clover Safe notes are intended primarily for 4-H volunteers and members nine years and older

SAFE PREPARATION AND HANDLING OF FRESH FRUIT AND VEGETABLES STATEMENTS

Use what you have learned about safe preparation and handling of fresh fruit and vegetables to fill in the missing word in each of the below statements:

1.	Refrigerate all fresh fruit and vegetables within hours of cutting, peeling, or cooking.
2.	Always wash your hands with warm water and before and after handling fresh fruit and vegetables.
3.	Surfaces that must be washed after being in contact with fresh fruit and vegetables include counter tops and boards.
4.	Do not buy fresh fruit and vegetables that are, moldy, gashed, or otherwise damaged.
5.	Firmed skinned fruits and vegetables should be with a clean vegetable brush under running sink water.
6.	After cleaning and rinsing fresh fruit and vegetables, dry them with a clean cloth or towel.
7.	Keep fresh cut fruit or vegetables at home.
8.	Gently use your to rub dirt from soft fruit and vegetables.
9.	If fresh fruit and vegetables come in contact with raw meat, poultry, or fish, they must be before eating.
10	. Keep fresh fruit and vegetables from meat, poultry, and fish in your shopping cart, checkout bag, and refrigerator.
Note: Each underline dash represents one letter of the missing word.	
Cohmiani	2010

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Additional EH&S information may be accessed at the ANR Web Site at http://safety.ucanr.edu