

CLOVER SAFE #79



NIGHT HIKING SAFETY

Night hiking provides an opportunity to experience your natural surrounding from a different perspective. One where your vision is less dominant and other senses such as hearing, smell, and touch take a more active role in exploring your environment. In addition, when night hiking the opportunity also exists for encountering wildlife that are not often seen because they are active nocturnally. This Clover Safe note provides safety precautions for night hiking.

For additional information about night hiking safety, go to the Clover Safe note at:
<http://ucanr.org/cloversafe>.

Clover Safe Notes are prepared by the UC ANR Office of Environmental Health & Safety, in support of the Statewide 4-H Youth Development Program.

