

## CLOVER SAFE #86



## ALLERGY AWARENESS

Information available from the Centers for Disease Control and Prevention indicate the immune systems of more than 50 million Americans overreact to substances every year. These types of overreactions are termed allergies and may be caused by foods, plants, animals, manufactured products, or medicines.

Being aware about allergies and allergic reactions is useful knowledge should an allergic reaction occur and a 4-H member or volunteer requires some form of assistance.

For additional information about allergy awareness, go to the Clover Safe note at:  
<http://ucanr.org/cloversafe>.

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